

## VOCABULARY OF EMOTIONS/FEELINGS

| HAPPINESS | CARING          | DEPRESSION    | INADEQUATE    | FEAR          | CONFUSION       | HURT          | ANGER       | LONELINESS   | REMORSE       |             |
|-----------|-----------------|---------------|---------------|---------------|-----------------|---------------|-------------|--------------|---------------|-------------|
| STRONG    | Delighted       | Adoring       | Alienated     | Blemished     | Appalled        | Baffled       | Abused      | Affronted    | Abandoned     | Abashed     |
|           | Ebullient       | Ardent        | Barren        | Broken        | Desperate       | Befuddled     | Aching      | Belligerent  | Black         | Debased     |
|           | Ecstatic        | Cherishing    | Beaten        | Crippled      | Distressed      | Chaotic       | Anguished   | Bitter       | Cut off       | Degraded    |
|           | Elated          | Compassionate | Bleak         | Damaged       | Frightened      | Confounded    | Crushed     | Burned up    | Deserted      | Delinquent  |
|           | Energetic       | Crazy about   | Dejected      | Feeble        | Horrified       | Confused      | Degraded    | Enraged      | Destroyed     | Depraved    |
|           | Enthusiastic    | Devoted       | Oppressed     | Finished      | Intimidated     | Flustered     | Destroyed   | Fuming       | Empty         | Disgraced   |
|           | Euphoric        | Doting        | Desolate      | Flawed        | Panicky         | Rattled       | Devastated  | Furious      | Forsaken      | Evil        |
|           | Excited         | Fervent       | Despondent    | Helpless      | Paralysed       | Reeling       | Discarded   | Heated       | Isolated      | Exposed     |
|           | Exhilarated     | Idolising     | Dismal        | Impotent      | Petrified       | Shocked       | Disgraced   | Incensed     | Marooned      | Humiliated  |
|           | Overjoyed       | Infatuated    | Empty         | Inferior      | Shocked         | Shook up      | Forsaken    | Infuriated   | Neglected     | Judged      |
|           | Thrilled        | Passionate    | Gloomy        | Invalid       | Terrified       | Speechless    | Humiliated  | Outraged     | Ostracised    | Mortified   |
|           | Tickled pink    | Wild about    | Grieved       | Powerless     | Terror-stricken | Startled      | Mocked      | Provoked     | Outcast       | Shamed      |
|           | Turned on       | Worshipful    | Grim          | Useless       | Wrecked         | Stumped       | Punished    | Seething     | Rejected      | Sinful      |
|           | Vibrant         | Zealous       | Hopeless      | Washed up     |                 | Stunned       | Rejected    | Storming     | Shunned       | Wicked      |
|           | Zippy           |               | In despair    | Whipped       |                 | Taken aback   | Ridiculed   | Truculent    |               | Wrong       |
|           |                 |               | Woeful        | Worthless     |                 | Thrown        | Ruined      | Vengeful     |               |             |
|           |                 |               | Worried       | Zero          |                 | Trapped       | Scorned     | Vindictive   |               |             |
|           | Aglow           | Admiring      | Awful         | Ailing        | Afraid          | Ambivalent    | Belittled   | Aggravated   | Alienated     | Apologetic  |
|           | Buoyant         | Affectionate  | Blue          | Defeated      | Alarmed         | Bewildered    | Cheapened   | Annoyed      | Alone         | Ashamed     |
|           | Cheerful        | Attached      | Crestfallen   | Deficient     | Apprehensive    | Blurred       | Criticised  | Antagonistic | Apart         | Contrite    |
| MEDIUM    | Elevated        | Fond          | Demoralised   | Dopey         | Awkward         | Disconcerted  | Damaged     | Crabby       | Cheerless     | Crestfallen |
|           | Gleeful         | Fond of       | Devalued      | Feeble        | Defensive       | Disordered    | Depreciated | Cranky       | Companionless | Culpable    |
|           | Happy           | Huggy         | Discouraged   | Helpless      | Fearful         | Disorganised  | Devalued    | Exasperated  | Dejected      | Demeaned    |
|           | In high spirits | Kind          | Spirited      | Impaired      | Fidgety         | Disquieted    | Discredited | Fuming       | Despondent    | Downhearted |
|           | Jovial          | Kind-hearted  | Distressed    | Imperfect     | Fretful         | Disturbed     | Distressed  | Grouchy      | Estranged     | Flustered   |
|           | Light-hearted   | Loving        | Downcast      | Incapable     | Jumpy           | Dizzy         | Impaired    | Hostile      | Excluded      | Guilty      |
|           | Lively          | Partial       | Downhearted   | Incompetent   | Nervous         | Foggy         | Injured     | Ill-tempered | Left out      | Penitent    |
|           | Merry           | Soft on       | Fed up        | Incomplete    | Scared          | Frozen        | Malignated  | Indignant    | Leftover      | Regretful   |
|           | Riding high     | Sympathetic   | Lost          | Ineffective   | Shaky           | Frustrated    | Marred      | Irate        | Lonely        | Remorseful  |
|           | Sparkling Up    | Tender        | Melancholy    | Inept         | Skittish        | Misled        | Miffed      | Irritated    | Oppressed     | Repentant   |
|           |                 | Trusting      | Miserable     | Insignificant | Spineless       | Mistaken      | Mistreated  | Offended     | Uncherished   | Shamefaced  |
|           |                 | Warm-hearted  | Regretful     | Lacking       | Taut            | Misunderstood | Resentful   | Ratty        |               | Sorrowful   |
|           |                 |               | Rotten        | Lame          | Threatened      | Mixed up      | Tortured    | Resentful    |               | Sorry       |
|           |                 |               | Sorrow        | Overwhelmed   | Troubled        | Perplexed     | Troubled    | Sore         |               |             |
|           |                 |               | Tearful       | Small         | Wired           | Puzzled       | Wounded     | Spiteful     |               |             |
|           |                 |               | Upset         | Substandard   |                 | Troubled      |             | Testy        |               |             |
|           |                 |               | Weepy         | Unimportant   |                 |               |             | Ticked off   |               |             |
| LIGHT     | Contented       | Appreciative  | Blah          | Dry           | Anxious         | Distracted    | Annoyed     | Bugged       | Blue          | Bashful     |
|           | Cool            | Attentive     | Disappointed  | Incomplete    | Careful         | Uncertain     | Let down    | Chagrined    | Detached      | Blushing    |
|           | Fine            | Considerate   | Down          | Meagre        | Cautious        | Uncomfortable | Minimised   | Dismayed     | Discouraged   | Chagrined   |
|           | Genial          | Friendly      | Funk          | Puny          | Disquieted      | Undecided     | Neglected   | Galled       | Distant       | Chastened   |
|           | Glad            | Interested in | Glum          | Tenuous       | Goose-bumpy     | Unsettled     | Put away    | Grim         | Insulated     | Embarrassed |
|           | Gratified       | Kind          | Low           | Tiny          | Shy             | Unsure        | Put down    | Impatient    | Melancholy    | Hesitant    |
|           | Keen            | Like          | Moody         | Uncertain     | Tense           |               | Rueful      | Irked        | Remote        | Humble      |
|           | Pleasant        | Respecting    | Morose        | Unconvincing  | Timid           |               | Tender      | Petulant     | Separate      | Meek        |
|           | Pleased         | Thoughtful    | Sombre        | Unsure        | Uneasy          |               | Touched     | Resentful    | Withdrawn     | Sheepish    |
|           | Satisfied       | Tolerant      | Subdued       | Weak          | Unsure          |               | Unhappy     | Sullen       |               |             |
|           | Serene          | Warm toward   | Uncomfortable | Wishful       | Watchful        |               | Used        | Uptight      |               |             |
|           | Sunny           | Yielding      | Unhappy       |               | Worried         |               |             |              |               |             |